The Soul of Leadership – Unlocking Your Potential for Greatness – Written by Deepak Chopra

Deepak Chopra is an expert on many subjects. His knowledge transcends human achievement, medicine and the metaphysical. His understanding of things blends both Eastern and Western philosophies. In the quest to understand and improve, I wanted to get his take on Leadership. According to Dr. Chopra, great leaders are those who can respond to their own needs and the needs of others from the higher levels of spirit with vision, creativity, and a sense of unity with the people they lead. I must admit that this is probably the best definition of Leadership that I have seen and I have read over 20 books on the subject.
Why is this important to me?

Leadership from the Soul

Invert

Why is this important to me?

Leadership is what makes groups, companies and organizations great. All the results fall on leadership. This does not mean that Leaders get the credit for the work. The opposite is true. Leadership empowers the group to perform at optimal levels. Dr. Chopra discusses in the book about leading from the soul. I have never heard of this but the content of the book makes total sense. Understanding the human hierarchy of needs and leading through those needs provides a framework for affinity and performance. Leading from the soul means giving of yourself.

Inverting is the concept of looking at something from the positive and negative. Leadership is the same way. You can compare organizations like Apple and Enron. The leadership is apparent and so are the long lasting results.
The Soul of Leadership is a good book that will help you in your quest for leadership knowledge. It is different from other leadership books because it really brings in the human side of it. I will profile in summary what Dr. Chopra means by Leader.

1. **Look and Listen** – The key here is to observe as an unbiased observer who has not judged anything in advance. Obey your feelings.

2. **Emotional Bonding** – This requires the elimination of living in crisis mode. It requires the clearing away of toxic emotions so you can clearly understand your needs and the needs of others.

3. **Awareness** – Being aware of self questions. Who am I? What do I want? What does the situation demand? The team must also ask these questions of themselves as well.
4. **Doing** – At the end of the day it is all about performance. Groups can not win without doing. Leaders must “do” by example.

5. **Empowerment** – The soul’s power comes from self-awareness that is responsive to feedback but independent of the good or bad opinion of others. Empowerment is not selfish. It raises the status of the leader and team together.

6. **Responsibility** – Character and Integrity are big words that define a leader. Responsibility for these actions are critical for a leader and a teams success.
Dr. Chopra talks about Buddha and Christ in the book. “They offered their followers an opportunity to meet their needs at the highest level, the universal desire for unity.”

If you are not familiar with Dr. Chopra’s work, I will tell you that he always works from a higher level of meaning. He has done some groundbreaking work and really is a source of inspiration. In the quest for knowledge and learning, I recommend you study this book and the others by Dr. Chopra.

I hope you have found this short video summary useful. The key to any new idea is to work it into your daily routine until it becomes habit. Habits form in as little as 21 days. One thing you can take away from this book is the question “Who am I?” This requires some thought and should be pondered and considered. Most people spend more time planning their vacation then they do thinking about Who they are or Why they are here. This is normal because life gets in the way and thought is an active exercise. This is a very fruitful exercise that I recommend you consider and do.

If you enjoyed this video then please do not hesitate to pass it along and if you want more detail then click on the link and purchase Dr. Chopra’s book “The Soul of Leadership” Thanks for watching and have a great day!